

# Pulling and Hammer exercise

Standard tuning

$\text{♩} = 120$

N-Gt

*mf*

TAB: 8-0-5-0-8-0-5-0-8-0-5-0-8-0-5-0 | 7-0-4-0-7-0-4-0-7-0-4-0-7-0-4-0

TAB: 10-0-7-0-10-0-7-0-10-0-7-0-10-0-7-0 | 8-0-5-0-8-0-5-0-8-0-5-0-8-0-5-0

Right hand on fret 5

TAB: 12-0-9-0-12-0-9-0-12-0-9-0-12-0-9-0 | 13-5-10-5-13-5-10-5-13-5-10-5-13-5-10-5

TAB: 8-0-5-0-8-0-5-0-7-0-4-0-7-0-4-0 | 8-0-5-0-8-0-5-0-7-0-4-0-7-0-4-0

TAB: 7-0